

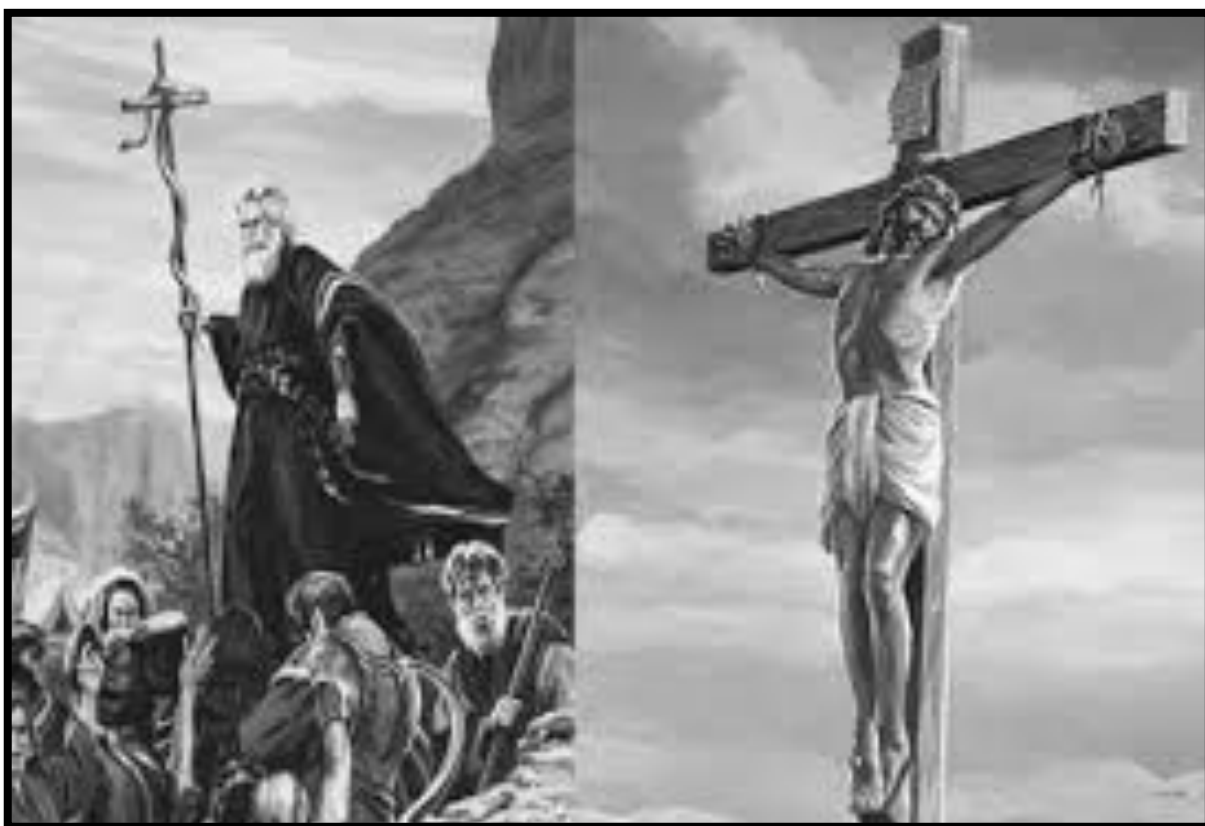
St. Luke's ~ San Lucas Episcopal Church

The Holy Eucharist

Sunday Bulletin for

The Season of Lent

March 10, 2024



Land Acknowledgement

We remember and honor the Indigenous people of North and South America, in particular the nations, whose land that we now occupy in this region that was once their home. It was taken from them or they were removed from it.

We give thanks for them and express our gratitude for their witness on how to live a life that is honorable and humble. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life.

Help us to learn from our past mistakes and be instruments of justice and peace for all people in today's world. We at St. Luke's ~ San Lucas Episcopal Church acknowledge that we are on the unceded ancestral lands of the Chinook and Cowlitz people. These people are still here, continuing to honor and bring to light their ancient heritage.

Prelude

Prelude in b Minor

Processional Hymn

H690

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.
 Music: Cwm Rhondda, John Hughes (1873-1932)

more,
shield,
thee,

feed
be
I

me
thou
will

now
still
ev - er

and
my
ev - er

ev - er - more.
strength and shield.
give to thee.

Welcome, Altar Flowers & Altar Bread Dedication

The altar arrangement is given in thanksgiving and to the glory of God
The Communion Bread is offered by Scott Family

Penitential Order

Bless the Lord who forgives all our sins.

His mercy endures for ever.

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." Mark 12:29-31

Confession of Sin

Let us confess our sins against God and against our neighbor.

***God of mercy, we confess
that we have sinned against you
by thought, word and deed,
for what we have done
and what we have failed to do.
We have not loved you with all our heart;
We have not loved our neighbor
as ourselves.***

***We sincerely and humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
so your will, will be our joy
and we will walk in your ways,
to the glory of your Name.
Amen.***

Absolution

Almighty God have mercy on you, forgive all your sins through Jesus Christ our Lord, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Holy God,
 Holy and Mighty,
 Holy Immortal One,
Have mercy upon us.

Kyrie

Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son.
 Chri - ste e - le - i - son.
 Chri - ste e - le - i - son.
 Chri - ste e - le - i - son.
 Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son.

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Music: *Missa Orbis Factor*, David Hurd, © 1979, GIA Publications, Inc.

Collect of the Day

The Lord be with you.

And also with you.

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Liturgy of the Word

First Lesson

Numbers 21:4-9

A reading from the Book of Numbers

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and

against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord
Thanks be to God.

Psalm 107: 1-3, 17-22 (Said at 8 am, Sung at 10 am)

(Antiphon, it is sung twice at the beginning.)

1 Give thanks to the Lord, for he is good, *
and his mercy endures for ever.

**Ant. The Lord is full of compassion and
mercy: * Come let us adore him. x 2**

**2 Let all those whom the Lord has redeemed pro-
claim *
that he redeemed them from the hand of the foe.**

(Antiphon, sung once.)

3 He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.

**17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.**

(Antiphon, sung once.)

18 They abhorred all manner of food *
and drew near to death's door.

**19 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.**

(Antiphon, sung once.)

20 He sent forth his word and healed them *
and saved them from the grave.

**21 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.**

22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

(Antiphon, it is sung twice at the end.)

A reading from Paul's first letter to the Ephesians

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Word of the Lord
 Thanks be to God.

Sequence Hymn (Sung at the 10 service only)

H671

1 A - maz - ing grace! how sweet the sound, that
 2 'Twas grace that taught my heart to fear, and
 3 The Lord has prom - ised good to me, his
 4 Through man - y dan - gers, toils, and snares, I
 * 5 When we've been there ten thou - sand years, bright

1 saved a wretch like me! I once was lost but
 2 grace my fears re - lieved; how pre - cious did that
 3 word my hope se - cures; he will my shield and
 4 have al - rea - dy come; 'tis grace that brought me
 5 shin - ing as the sun, we've no less days to

1 now am found, was blind but now I see.
 2 grace ap - pear the hour I first be - lieved!
 3 por - tion be as long as life en - dures.
 4 safe thus far, and grace will lead me home.
 5 sing God's praise than when we'd first be - gun.

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The melody may be sung in canon at distances of either two or three beats.

The Holy Gospel

John 3:14-21

The Holy Gospel of our Lord Jesus Christ according to John
Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified
under Pontius Pilate;**

he suffered death and was buried.

**On the third day he rose again
in accordance with the Scriptures;**

he ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge
the living and the dead,**

and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord,
the giver of life,**

who proceeds from the Father and the Son.

**With the Father and the Son
he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you. Today we pray for Emmanuel, Eastsound and Christ Church, Blaine .

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble. Today we pray for Chuck, Susan, Don, Anna, Becky, Jorge, Joseph, Joey, Jim, Darrell, Janet, Bill, Gary, Harold, Naomi, Peggy, Brandon, Larry, Rochelle, Sally, Lindsay, Patrick, Amy, Ryan, Marion, Pat, Mike, Garry, Ray, JoAnn, Betty, June, Donna, Lesly, Kari, Richard, Connie, Linda, Alison and Michelle.

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

The Celebrant concludes with a prayer.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen**

The Peace

The peace of the Lord be always with you.

And also with you.

Birthdays, Anniversaries & Thanksgivings

03/10 Joseph Ziemba

03/10 Sirce Plaza

03/10 Giovanni Mendoza-Chavez

03/12 Vianney Santos Cruz

03/13 Nancy Lematta

03/15 Miranda Tilford

03/16 Barbara Garlisch

03/16 Jose Martinez

03/16 Imelda Garcia

03/16 Selena Rodriguez-Torres

Offertory Sentence

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

Offertory Anthem

How Deep the Fathers Love

The Great Thanksgiving

Eucharistic Prayer A

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus (Said at 8 am, Sung at 10 am)

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.***

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Sanctus in F# minor

Nylander

$\text{♩} = 72$

Ho - ly Ho - ly Ho - ly Lord God of Po - wer and might!

9 Hea - ven and earth are full of you Glo - ry! Ho - san - na in the high -

16 est! Ho - san - ha in the high - est! Blessed is the one who

23 comes in the name of the Lord! Ho - san - na in the high - est! Ho - san -

30 ha in the high - est!

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Great Amen (Sung at the 10 am service only)

S147



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The Lord's Prayer (Said at 8 am, Sung at 10 am)

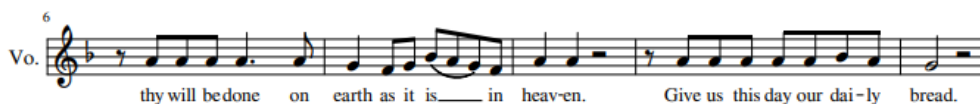
As our Savior Christ has taught us, we now pray,

***Our Father, who art in heaven,
hallowed be thy Name,
Thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those***

***who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.***

Our Father Lords Prayer

Nylander



11
Vo. Give us this day our dai-ly bread. And for - give us our tress-pass-es as we for -

15
Vo. give those who tress-pass a - gainst us. And lead us not in - to temp - ta - tion and de -

19
Vo. liv - verus from e - vil. for thine is the king - dom and the po - wer and the glo - ry for

25
Vo. e - ver and e - ver A - - - men

Breaking of the Bread Hymn (Said at 8:00 am; sung at 10:00 am)

S164

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.
The Gifts of God for the People of God.

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

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Post Communion Prayer

Let us pray.

**Eternal God, heavenly Father,
You have graciously accepted us
As living members of your Son our
Savior Jesus Christ,
And you have fed us with spiritual food in the Sacrament of his Body and Blood.
Send us now into the world in peace,
And grant us strength and courage
To love and serve you with gladness
and singleness of heart; Through Christ our Lord. Amen.**

Announcements

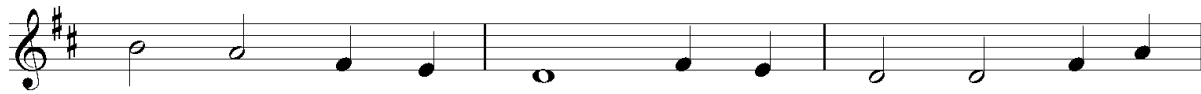
Blessing

Fast from suspicion;
Feast on truth.
Fast from gossip;
Feast on purposeful silence.
Fast from problems that overwhelm;
Feast on prayer that sustains.
Fast from anxiety;
Feast on faith .

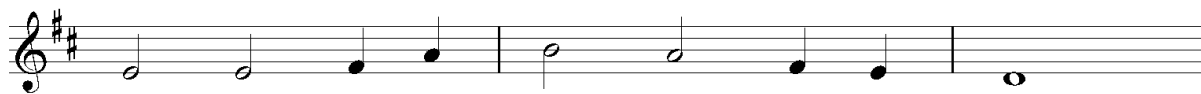
And the blessing of God Almighty,
Father, Son, and Holy Spirit,
be with you and your love ones
now and for ever. **Amen**



1 Come, thou fount of ev - ery bless - ing, tune my
 2 Here I find my great - est trea - sure; hith - er,
 3 Oh, to grace how great a debt - or dai - ly



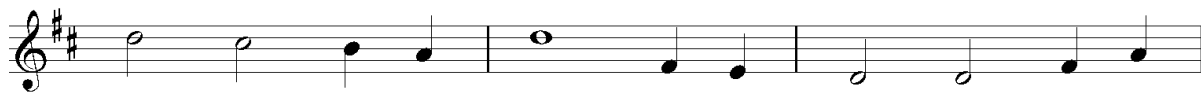
heart to sing thy grace! Streams of mer - cy nev - er
 by thy help, I've come; and I hope, by thy good
 I'm con - strained to be! Let thy good - ness, like a



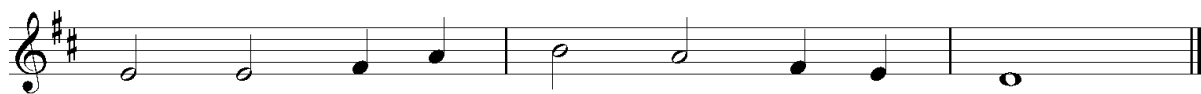
ceas - ing, call for songs of loud - est praise.
 plea - sure, safe - ly to ar - rive at home.
 fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
 Je - sus sought me when a stran - ger wan - dering
 prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
 from the fold of God; he, to res - cue me from
 leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
 dan - ger, in - ter - posed his pre - cious blood.
 seal it, seal it for thy courts a - bove.

Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

Postlude

Bach Reprise

Liturgical Ministers

8 AM

Officiant: The Rev. Jesus Reyes

Deacon & Preacher: The Rev. Lynette Poulton Kamakura

Music Director

Lector: Mary Maxon

Lay Eucharistic Minister: Kathy Gallaher

Altar Guild: Sandra Kimura and
Patty Backman

Videographer:

Ushers: Pam Gunn

Coffee Hour:

10 AM

The Rev. Jesus Reyes

The Rev. Lynette Poulton Kamakura

Jordan Nylander

Ken Dunham

Riversong Scott, Melanie Kenoyer

Ellen Hiromura

Mike Morrison & Len Bauhs

Diane Smith and Earl Johnson

Lynette Poulton Kamakura

Godly play Sunday School is in the educational wing every Sunday at 10 am ages 5 and up. Nursery care is also available for ages birth to 5 years old. Volunteers requested to help with Sunday School and Nursery.



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www.StLukesSanLucas.org

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